

Barham High Newsletter

Find us at: Gonn Street Barham NSW 2732



Term1 Week 7

12/03/2015

PRINCIPAL'S MESSAGE

I had the opportunity to attend two days of professional networking with Principal colleagues from the Deniliquin and Griffith School Education Groups last week. It was an excellent opportunity to engage in professional learning around a variety of contemporary issues that are affecting education in our local area and throughout the state. There was a wide variety of topics covered including updates on the Work Health and Safety requirements, Information Technology opportunities, the School Excellence Framework and School Planning, Educational Services Directorate, People and Services information on recruitment, Local Schools Local Decisions Resource Allocation funding for schools, as well as a keynote session from Greg Prior, the Deputy Secretary of Schools Operation and Performance. We even had the Minister of Education, Adrian Piccoli, pop in for a chat.

The overwhelming message I walked away with over the two days is what a busy time the educational space is experiencing at the moment. There are a number of reforms that have been introduced both at a national and state level that directly impact on the way the school operates, our accountability and increasing the capacity of the teaching profession through the application of the National Teaching Standards. Greg Prior mentioned that we are currently experiencing a "perfect storm" within the educational space that allows for the development of schools in alignment with the newly published School Excellence Framework. All in all, a thought provoking couple of days that will have an impact on the school's future direction.

Year 12

At this time of the year, the thought of HSC seems far off into the future; be assured that it is not that distant. Assessment tasks are coming thick and fast and the Mid-Course Examinations will commence at the end of week 9 (only two weeks away). Year 12 students need to focus on their goals, work with their 10% on top teachers, develop achievable and effective study patterns and revise class work to maximise their opportunity to achieve great results.

Success at the HSC is a team effort, there are plenty of available sources of help, including the excellent teachers at Barham High. Students should be making every effort to leverage as much assistance as they can.

Excursions

The final organisation for the end of term excursions is well underway. Year 7 will be visiting Melbourne, Year 8 to Victoria's South Coast and Year 11 to Anglesea for their mandatory Cross Roads personal development course. All three excursions represent excellent learning opportunities for our students and I thank our teachers for their hard work in preparing the excursions as well as volunteering to supervise our students. If any families require assistance in organising payment for these trips, please contact me at school.

Glenn Buchanan

Principal

School Leaders and Scholarships

A formal assembly was held at cluBarham on Wednesday 11th February to induct the school leaders for 2015. The school captains are Liza Mathers and Mathew Wescombe, whilst the vice captains are Jesse Buchanan and Jay Skate. The house captains, who were responsible for leading their houses at the recent swimming carnival, are: Barimo – Corey Barrington, Emma Membrey and Bronte Murphy; Cadelslee – Jesse Buchanan, Bradley Heffer and Dylan Robinson; Tullacoota – Mark den Houting, Samantha Knight and Liza Mathers.

The members of the Student Representative Council are:

Year 7 – Ellie Disher, Tessa Fasham, Holly Guerra

Year 8 – Harry Lodge, Max Webb

Year 9 – Emma Carter, Emily Fasham, Eion Van Rensburg

Year 10 – Andrew Buchanan, Jorja McGowan, Mikayla Penrose

Year 11 – Lily Filmer, Tegan Frankling, Emily Jones, Alexandra Tapaganao

Year 12 - the captains, vice captains, Lachlan King

The Barham High School Scholarships were also presented at this assembly. The recipients of these scholarships were Abbey Hird and Mikayla Penrose in Year 10, Mitchell O'Neill and Keeley Shears in Year 11, and Jesse Buchanan and Holly Walden-Mills in Year 12. Liza Mathers was presented with the Jim and Greg McConnell Scholarship for Senior Studies.

During the assembly, Jacob Andrew-Mills performed an instrumental piece on his twelve-string guitar.

The final presentation at the assembly was the Jack Jones Memorial Award for Dux in 2014. This was awarded to Jai Vinecombe. Since Jai is currently working in Queensland, his award was received by his proud father. Liza Mathers read an acceptance speech that Jai had written, in which he thanked his teachers, parents, family and friends for their support over the years. Jai offered the following advice to the Class of 2015:

This year will be full of highs and lows and will see you be faced with some very real challenges. Whilst you may face some setbacks and may occasionally wonder if it is all worth it, whether it be university, TAFE or another pathway, the only thing between you and your future is your motivation and desire to succeed. When you feel like giving up, or feel completely run down, just remember, Year 12 is only around 9 months long from the first day to the last exam. Every test, assignment and exam directly contributes to your ATAR, so make sure you are as prepared for each assessment as you can possibly be. Do the best you possibly can so that you can feel proud at the end of it all, regardless of the mark you receive.

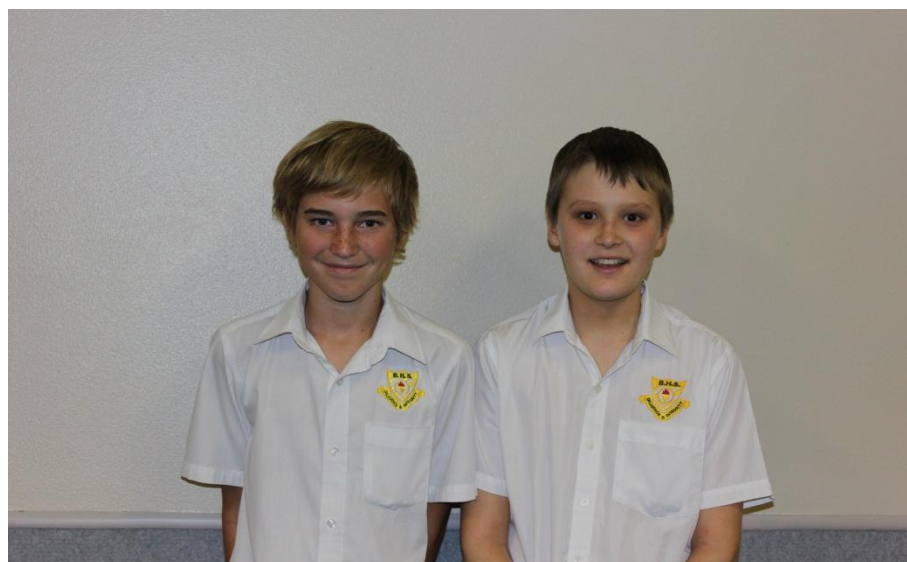


House Captains



BHS Scholarship winners

2015 STUDENTS' REPRESENTATIVE COUNCIL





REMINDER

IMMUNISATION FOR YEARS 7, 11 & 12

Friday 13th March



CANTEEN ROSTER 16TH MARCH – 27TH MARCH

| | | | | |
|------------------------------|------------|--|---------------|-----------|
| Mon 16th | N Lake | | Hospo | Hospo |
| Tues 17th | S Irwin | | S Lolicato | |
| Wed 18th | M Anthony | | J Maffescioni | |
| Thurs 19th | G Petrascu | | N Miller | N Miller |
| Fri 20th | J Sleep | | S McInnes | S McInnes |
| | | | | |
| Mon 23rd | M Jettner | | H Skate | |
| Tues 24th | B Hollins | | Hospo | Hospo |
| Wed 25th | G Petrascu | | J Webb | |
| Thurs 26th | A Burger | | K Knight | K Knight |
| Fri 27th | R Farrant | | L Eagle | L Eagle |
| | | | | |

TAS/PDHPE NEWS



It has been a busy start to 2015 for the staff and students within the TAS/PDHPE faculty this year with the students making strong inroads to their classes.

Stage 6 VET Construction students have laid a practice slab at school in preparation for a project that is funded through the Landcare program. The students will be pouring a slab of concrete at the Botanic Reserve in order for a toilet to be erected there.

Students have also been busy building dog kennels which will be sold for fundraising to purchase new equipment for the workshop.

Stage 6 VET Metal & Engineering students have begun preparation for making the structure that will

surround the proposed toilet at the Botanic reserve. Students have drawn up the plans and have been given a deadline to complete this before the end of term two. They are well on track to complete this on time. Students have also been working on their folding camping stools and shovels and have already completed their motorbike lifts and class seats.

Stage 6 VET Hospitality have been busy making and serving milkshakes in the canteen. The students will be holding specials through the canteen to assist them in accumulating their service periods as well as developing their skills.

This week students will be making Warm Chicken Salads in Stage 5 Food Technology, a recipe has been attached for the students to make at home if they please.

The Ag plot is looking great this year with the students' crops already looking very healthy, as the students and Mr Langman have been very busy. Currently the students are feeding a Red Poll calf for the Storms, which is assisting them in their Stage 5 Agrifoods intensive livestock unit. Stage 4 students have incubated eggs, but with the power outage last week it affected the number that hatched. The students looked at the un-born embryos and are now monitoring the growth of the chicks. Lambs are due to drop in May, when students will be placing them on different diets and weighing them to determine their change in mass.

Barham High school will be participating in cattle showing this year and we are hoping to take three to four cattle to the Finley and Melbourne Shows.

The HSC Industrial Technology Timber students visited Arbutnot Sawmills to order timber for their projects. Whilst there the students took a tour of the mill and then visited Gunbower State Forest.

Friday afternoon sport began last week, with students doing Duke of Edinburgh, dance, golf, fishing, shooting, tennis and year sport. Students will be participating in these sports for the next three weeks for this term, with shooting, dance and tennis being used for preparation for the intra-school competitions.

Ag Plot



Lucy & Emma feeding Priscilla



Newly Incubated Chicks



Crops look fantastic

WARM CHICKEN SALAD

- 1 large red capsicum
- 3 chicken thigh fillets
- 300 grams green beans
- 1tablespoon oil
- 150grams feta cheese
- 1mignonette lettuce

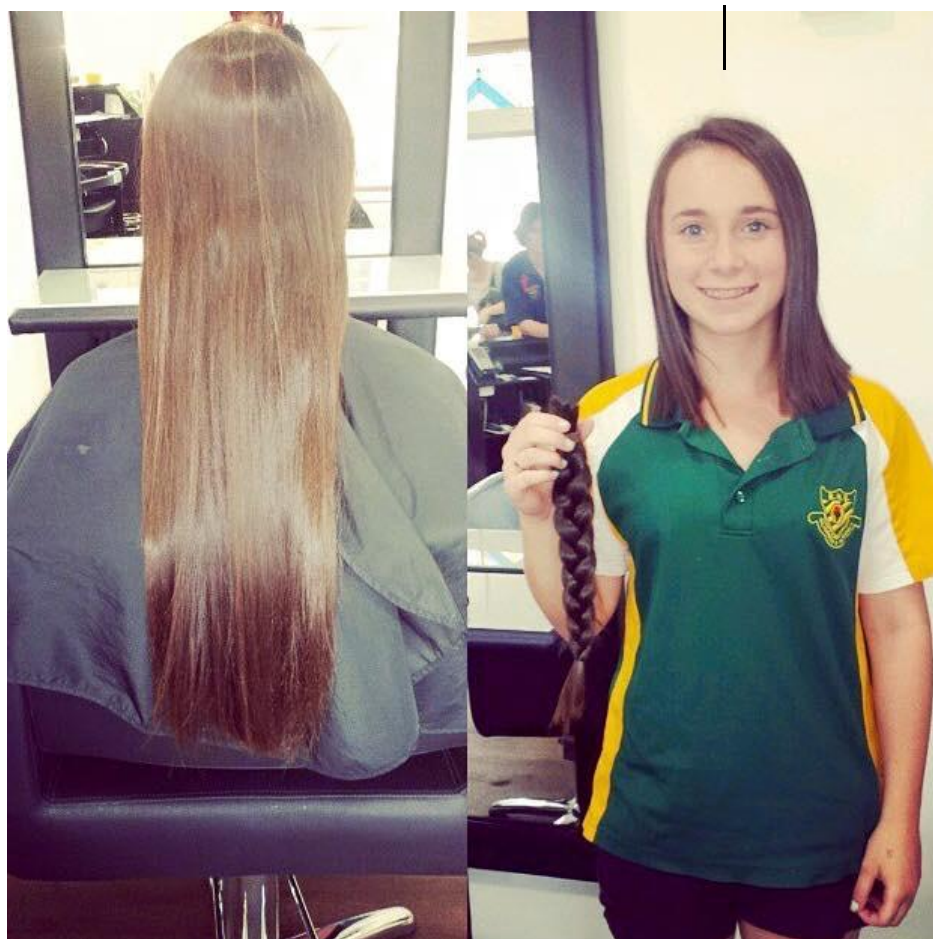
Garlic mustard vinaigrette

- ½ cup olive oil
- 1tablespoon balsamic vinegar
- 2 tablespoons white wine vinegar
- 1 clove crushed garlic
- 1tablespoon seeded mustard
- salt
- pepper

METHOD

1. Cut capsicum unto quarters, discard seeds and membranes. Place skin side up on foil lined oven tray, brush with oil.
2. Grill capsicum on high heat for 12-15 mins. or until skin is black.
3. Cover with damp tea towel until cool .Peel off skins and cut capsicum into 1cm strips.
4. Trim chicken of excess fat and cut into long thin strips. Trim beans and cut into 5 cm lengths.
5. Heat oil in large saucepan and cook chicken in small batches over medium heat for 3 minutes or until brown.
6. Remove pan, drain on paper towels.
7. Add beans to pan and cook untiljust tender.
8. Add chicken and capsicum, stir over heat until heated through.
9. Serve warm on a bed of lettuce leaves, topped with crumbled feta cheese. Just before serving, drizzle with Garlic Mustard Vinaigrette.

n.b. to make vinaigrette place all ingredients in a jar with lid and shake well.



A WONDERFUL EFFORT

One of our students had her hair chopped off and donated it to Pantene Beautiful Lengths for women with cancer. She said "we take these little things for granted so I hope to make a woman without the chance to grow hair, very happy".

Well done, Barham High is proud of your selfless donation.

SCIENCE REPORT

Time flies like an arrow, fruit flies like a banana

It's hard to believe it is already Week 7. There has been so much fun happening in the Science end of the school to start the year. Year 7 have been exploring what it means to be a scientist, and looking at the states of matter. They even got to see some cool liquid nitrogen demonstrations and I have no doubt they can tell you the boiling point of liquid nitrogen very well. Year 8 are preparing for the South Coast excursion and exploring many types of rocks and landforms. Stage 5 is investigating body systems and disease. There have been many experiments and lots of very curious questions, which we always appreciate. Keep them coming, scientists!

Science Club has also started this term, and some very keen and interested students have been giving up their Thursday lunchtimes, which is fabulous. We are currently investigating the science of flight and will be testing some very impressive bottle rockets this week. There are lots of exciting activities and events planned for the rest of the year, so watch this space.

Miss Dennis wowing us with liquid nitrogen!!



Constructing models of Meiosis in Biology





2015 Great Victorian Bike Ride

This famous annual event has been running since 1984. Each year thousands of cyclists of all ages swarm like locusts through country Victoria. They ride together over nine days, this year starting in Ballarat camping on local sports grounds, eventually finishing in Bendigo as they cycle through the goldfields of Victoria.

Participants ride at their own pace without luggage, enjoying a shared sense of purpose and great views. The camaraderie is wonderful. The sense of satisfaction is unmatched.

Each year students come back from the RACV Great Victorian Bike Ride filled with enthusiasm, good spirits and a greater sense of optimism and energy.

Our school is again proposing to join the large number of other school groups and take a group of students on the ride this year.

Students in Years 7 – 11 are eligible and so far thirteen students and a number of teachers have expressed an interest in participating.

The total cost of \$695.00 includes GST, all meals, transport to the start, luggage transport each day, first aid support, and entertainment.

A deposit of \$200 is due on Friday 12th June 2015.

For more information or an application form see Mr Yu no later than Wednesday 10 June 2015.

SRC Raffle

(proceeds going to a BHS family experiencing hardship)

5 prizes: \$100 Purple Patch voucher
\$100 Barham Chinese Kitchen voucher
\$100 Murray Blu Clothing & Things voucher
Deluxe Massage (Scissors) – valued @ \$75
Nicky Ryan's delicious brownies

\$2 each or 3 for \$5
Drawn @ BHS 24th March
Tickets can be purchased from all
participating businesses or from BHS.
Please show your support!

Regional Swimming Results

Last Friday, 6th March, six Barham High School students (Amy Black, Victoria Cook, Maddison McGowan, Leonard McClay, Matthew Hird, Sam McGowan), travelled with parents to Leeton to compete in the Regional Swimming Carnival. All students competed very well and many achieved a personal best at the Carnival. Congratulations to Maddison McGowan and Sam McGowan who have qualified for 100m Backstroke and 100m Butterfly respectively at the State Swimming Carnival to be held in Sydney later this month. Thank you to all the parents for taking the students and we wish Maddison and Sam all the very best for Sydney.



Barham Karate Club

Evening classes, Tuesdays 6:00pm – 8:00pm

supper room, School of Arts Hall, Barham

KERANG JUNIOR NETBALL ASSOCIATION

This year's season to commence on Friday 17th April 2015
With two COME & TRY / REGISTRATION NIGHTS on

Friday 17th April and Friday 24th April

Juniors – 4.30pm (Turning 7 in 2015 to Turning 10 in 2015)

Seniors – 5.30pm (Turning 11 in 2015 to turning 15 in 2015)

(Also taking expressions of interest for players over 15years)

Normal weekly matches to commence Friday 1st May

At the Kerang Indoor Basketball Stadium. Registration forms
can be picked up prior to the night from Kerang Sportspower.

If any parents are able to help out it would be greatly appreciated.

Any queries please call Melissa 0428522468 or Fiona 0418538850.

BR&C AGENTS SUPPORTING LOCAL SCHOOLS

BR&C Agents are now stocking a good range of well-known cleaning products. They are very generously donating a percentage of sales on these products to local schools.

***Please mention Barham High School when making a purchase, as
donated funds will help your children.***



**Trade &
Investment**
Resources & Energy



2014-2015 Family Energy Rebate

Apply before Midnight
16 June 2015



\$150*
TOWARDS
ENERGY
BILLS

2 MINUTES TO FILL IN A FORM

<https://applications.fer.trade.nsw.gov.au/>

* eligibility criteria apply

WHAT IS THE FAMILY ENERGY REBATE?

The Family Energy Rebate helps to cover the cost of energy bills for NSW households with dependent children. In 2014-2015 the rebate gives:

- Up to \$150 credit on electricity bills for eligible applicants who hold an account with an electricity retailer
- Up to \$165 direct payment to nominated bank accounts for eligible applicants who live in a residential community (caravan or mobile home park) and receive electricity from the park operator.

AM I ELIGIBLE FOR THE REBATE?

To be eligible you **MUST**:

- Be a NSW resident; and
- Have been assessed by the Federal Department of Human Services (DHS) as being eligible for the Family Tax Benefit (FTB) A or B at any time during the 2013-2014 financial year, and have received an FTB payment in respect of that eligibility; and
- Be an account holder of an electricity retailer, or a long-term resident of a residential community (caravan or mobile home park), whose name appears on the electricity account for supply to her or his principal place of residence.

WHAT DO I NEED TO DO BEFORE I APPLY?

Before you apply, here's a quick checklist. Have you:

- Lodged your tax return for 2013-2014 with the Australian Taxation Office or informed the Department of Human Services (DHS) if you are not required to lodge a tax return?
- Received confirmation from DHS as to your eligibility for Family Tax Benefit A or B for 2013-2014?

HOW TO APPLY

- **ONLINE** – it takes just two minutes to submit an application. Processing starts immediately.
- **PAPER** – download a form from the website, complete and submit by email, fax or post. Use this form if you receive your electricity from the operator of the residential community where you live.

**APPLY
ONLINE
NOW!**

FOR MORE INFORMATION & ASSISTANCE

PHONE Service NSW 13 77 88

EMAIL fer.program@trade.nsw.gov.au

WEB www.resourcesandenergy.nsw.gov.au/info/familyenergyrebate